



Dysphagia Intensive: The Road to Competency

Course Description

As the Medical SLP field continues to surge, it is becoming more critical that therapist have a confident competency evaluating and treating dysphagia. This course is unlike any other and provides an interactive learning experience for participants. The material begins with a foundation and builds to understand many co-morbidities that affect their swallow. It is critical we understand the relationships between these disease processes/disorders, medications, and medical procedures documented in their medical history. Utilizing chart reviews, screens, and bedside evaluations to determine impairments, we implement a plan for nutrition, hydration, adaptive equipment, and appropriate instrumental assessments. Additional details obtained through instrumental assessments assist us in developing a patient-specific therapy program to remediate the identified impairments. The material will also provide treatment tools equipment to bolster the patient's opportunities for success. This is a comprehensive dysphagia evaluation and treatment training perfect for any new graduate; any therapist moving from school model to Medical SLP; any CF just beginning their career; and any swallowing therapist wanting to improve their skills with the most current evidence-based information.

Interactive course material will include:

Chart Review	Evaluations	Instrumental Assessment	Exercise and Treatment	Nutrition, Hydration and Adaptive Equipment
Pharmacology	Screening	MBS/VFSS	Neuroplasticity	IDDS Diet Diet recommendations
CAM (??)	Bedside Evals	FEES	Choosing and Timing Different Exercises	Choosing food and liquids for testing and treatment
Labs	Standardized Evals	Report Interpretation	Challenging the sensory system with texture and consistency	PEG Tubes NG Tubes J Tubes
Diagnosis Disease Procedures	Clinical Reasoning	Creating a Treatment Plan from Assessments	Diet grading	Adaptive Equipment
Co-morbidities	Anatomy/Physiology		Comprehensive Treatment	Malnutrition, dehydration,
	CN Assessments		Role of NMES	Nutritional Guidelines

The purpose of this course is to improve SLPs' competencies in:

- Recognizing relevant risk factors & clinical indicators of dysphagia across the age continuum
- Improving diagnostic skills through thorough chart reviews, screens, bedside evaluations, and instrumental assessments
- Constructing patient-specific therapeutic programs to remediate the identified impairments
- Implementing successful evidence-based treatment strategies

Course Level: Introductory

Appropriate Disciplines: OT/COTA, SLP/SLPA

Completion Requirements: Attendance, Quiz, Self-Assessment on Evaluation Form

Instructor – Denise Dougherty, M.A. CCC-SLP. Denise owns and operates a private practice in Indiana, PA, where she conducts therapy with both children and adults. She is a legal consultant/expert witness in wrongful death/negligence lawsuits involving dysphagia. Denise is a co-editor of *Private Practice Essentials: A Practical Guide for Speech-Language Pathologists*, published by ASHA Press. She has presented workshops and written numerous articles appearing in the ASHA Leader on the topic of private practice. Denise served as a consultant for The Arijah Children's Foundation in Anguilla, BWI, providing evaluations and therapy programs for special needs children. Ms. Dougherty was an adjunct faculty member at York College of Pennsylvania and Wesley College in Dover, Delaware. She is a past President of the American Academy of Private Practice in Speech Pathology and Audiology (AAPPSPA), and received the Academy's

2007 Honor Award and 2014 Award of Excellence for her achievements. Ms. Dougherty is a member of the Technical Experts Panel for Quality of Insights of Pennsylvania, working on initiating quality measures for CMS to improve effectiveness, efficiency, economy and quality of services delivered to Medicare beneficiaries. She received her bachelor's degree in communication disorders from Marywood University in Scranton, Pennsylvania; a master's degree in communication disorders from St. Louis University. Ms. Dougherty is certified in VitalStim® therapy and is a VitalStim® instructor, has completed additional training in orofacial myology, is a member of the American Speech, Language and Hearing Association and has received numerous ASHA ACE Awards. For more information, please visit www.dldspeechpath.com.

Financial Disclosure Denise receives honoraria from CIAO for the presentation of her live courses and royalties for the sale of her online courses. Denise is in private practice and receives legal consultant/expert witness fees

Non-Financial Disclosure: There are no non-financial relationships to disclose.

Objectives

At the completion of this course, the participant will be able to:

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Agenda (SLIP IN ANY TEST or QUIZES)

__ minutes	Chart Review: Pharmacology (Meds)
__ minutes	Chart Review: Labs
__ minutes	Chart Review: Diagnosis, Disease and Disorders
__ minutes	Chart Review: Co-morbidities
__ minutes	Evaluation and Assessments: Screening
__ minutes	Evaluation and Assessments: Bedside Evaluation preparation, delivery and interpretation
__ minutes	Evaluation and Assessment: Choosing, delivering and interpreting standardized evaluations
__ minutes	Evaluation and Assessment: Clinical Reasoning through the assessment process
__ minutes	Evaluation and Assessment: Anatomy and physiology behind the oral, pharyngeal and esophageal swallow
__ minutes	Instrumental Assessment: MBS/VFSS
__ minutes	Instrumental Assessment: FEES
__ minutes	Instrumental Assessment: Report interpretation
__ minutes	Instrumental Assessment: Creating a treatment plan from assessment results
__ minutes	Exercise and Treatment: Neuroplasticity
__ minutes	Exercise and Treatment: Choosing and timing a variety of exercises
__ minutes	Exercise and Treatment: Challenging the sensory system with texture and consistencies
__ minutes	Exercise and Treatment: Diet grading during therapy
__ minutes	Exercise and Treatment: Comprehensive treatment options and delivery
__ minutes	Exercise and Treatment: The role of NMES in dysphagia therapy
__ minutes	Nutrition, Hydration and Adaptive Equipment: Diet recommendations
__ minutes	Nutrition, Hydration and Adaptive Equipment: Choosing food and liquids for testing and treatment
__ minutes	Nutrition, Hydration and Adaptive Equipment: Adaptive equipment available, its purpose and how to use it